



## Adventure Pre-School – Toileting Policy

A toileting policy for young children is almost unwritable. There is no one way, no rhyme nor reason and no judgement. Most children will learn to control their bladder and use toilets by the time they go to school. When this happens and why some children can do it before others is a mystery. Adventure policy is therefore to 'go with the flow'...

Toilet training should be child led. When they are developmentally ready they will show signs of this. We will work with you to find the best time to support your child with toilet training. Most children will be ready to potty train between the ages of 18 months and 3 years. It is important that you and your family are ready too. Try and find a couple of weeks which are quieter and you don't have much planned so you can remain in control.

While a child is in nappies at pre-school we operate a 'minimum change' policy – we will not change nappies more often than you would at home. They are too expensive for you!

Children's nappies must be changed if they have been soiled and must be changed if they are becoming full of urine. Other than this, nappies should be changed as if the child was at home. This should be part of a discussion between families and key carers.

### Getting ready for toilet training

Whilst your child is still in nappies, we will encourage them to be an active participant in their changing routine through;

- Encouraging them to take off their shoes and pull down their trousers
- Encourage them to help get re-dressed after their change
- Encourage them to go to the pre-school toilets to get them used to that environment
- Talk about using the potty and read books introducing the concept of toilet training

### Toilet Training – the start!

When you are ready, we **do not** suggest you substitute pull ups for nappies...they do the same job. We strongly encourage you to put children straight into **pants**. If they have an accident that is okay, children will then associate weeing with being wet.

Whilst at pre-school we will;

- Encourage regular use of the toilet or potty throughout the session
- Change and clean children who have had an accident, placing soiled clothes in a nappy bag ready for home time
- This is an intensive stage so buy **LOTS** of cheap pants and send in a good supply of spare clothes. It is **essential** that children are dressed in easy to pull up and down clothes to make the process easier and speedier!



**Toilet trained(ish):** Once your child is mostly dry and toilet trained, accidents can still happen. It is common for children can become absorbed in play and leave it a little too late to get to the toilet. This is okay. We will change them and place soiled clothes in a nappy bag ready for home time. We will also let you know. If this becomes a regular incident we will work with you to find strategies to support your child to become dry again as soon as possible

**Independence:** Becoming independent on the toilet is the ultimate aim at pre-school; that includes wiping. Please help your child to wipe at home. We often get told by the children that they don't know how to wipe but we will always encourage them to have a go and wash their hands really well afterwards.

Find a great guide at: <https://www.eric.org.uk/Handlers/Download.ashx?IDMF=202c5144-c663-48e9-9bf2-4347699f3886>